



Rotary One

**UNITE
FOR
GOOD**

The Voice of Unity from Zone 4



Rtn K Palaksha
District Governor
RI Dist 3182



Rtn Amit Aravind
Assistant Governor
Zone IV, RID 3182



Rtn Dr Ganesh A
Zonal Learning
Facilitator



Rtn Dr Srikanth Prabhu
Zonal Secretary



Rtn Janardhan Bhat
Zonal Lieutenant



Rtn Dr D Sridhar
Zonal Lieutenant



Rtn Smitha Kamath
Zonal Lieutenant



Rtn Prashanth Hegde
Zonal Editor

April Address by AG Rtn Amit Aravind

Hello everyone,

A very warm welcome to the month of April in this wonderful Rotary year 2025–26.

It has truly been a **glorious nine months** so far. I'm sure each one of you has had a fulfilling journey—enjoying Rotary to the fullest and truly uniting for good.

As we all know, April is dedicated to the **Environment**. This is one focus area where the opportunities to serve are limitless. Today, it's not just Rotary—the entire world is emphasizing the need to protect and preserve our environment. Let us take this as a powerful call to action and create meaningful, impactful projects that contribute to a better and sustainable future for all.



Taking a quick look back at March—it was indeed a **memorable month**. We concluded the **final District Governor Official Visits** with a grand finish. The visits to our major clubs—Udupi and Manipal—were truly spectacular. Both clubs showcased outstanding projects and set a very high benchmark.

Hearty congratulations to:

- President Rtn Shashikalla Rajavarma, and secretary Vanishree – **Rotary Club of Manipal**
- President Rtn Suraj Hegde and Rtn Ashok Kotian – **Rotary Udupi**

Your efforts made the Governor's visits truly grand and memorable.

We also had a unique and beautifully hosted Zonal Review Meeting by the **Rotary Club of Parkala**, combined with an **Iftar gathering**. It was a wonderful example of fellowship and inclusivity. Heartfelt thanks to President Rtn Aboo Baker and Secretary Vishwanath Nayak for their warm hospitality.

Another important milestone was the successful conduct of **Pre-PETS and Pre-SETS**. Congratulations to all incoming Presidents and Secretaries. A special note of appreciation to those who have stepped into zonal roles—it reflects the strength and impact of your work this year. Congratulations to the incoming **AG Rtn Hemanth Kanth**, and wishing a successful year for Zone 4 under your guidance .

A special thanks to Rtn Prashant Hegde for consistently bringing out the Rota One magazine on time. Our zone stands out as the only one maintaining this wonderful tradition—**preserving our memories and achievements**.

Now, as we enter the **final three months** of this Rotary year, let's keep the momentum high. You've all shared your project plans—now is the time to execute them with passion and purpose.

Let's **finish strong**.

Let's **create impact**.

And above all—let's continue to **unite for good**.

Thank you.

Yours in Rotary,

Rtn. Amit Aravind

Assistant Governor – Zone 4

Rotary District 3182

Rotary 4 Way Test
of the things we think, say, or do:

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

Zonal Learning Facilitator's Message

Dear Leaders of RY 2025-26

In Rotary April month is designated as **Environment Month**.

The Environment encompasses all living (Biotic) and non-living (Abiotic) things surrounding us including air, water, land, plants and animals that influence life. Hence, the environment is such an element that it is of everybody's concern. We always say **keep the environment clean and green for our own survival**.

There are several natural cycles which keep the environment with proper balance. The human developmental activities will interfere in these natural cycles to the extent of creating imbalance. Hence it is our utmost duty to maintain a sustainable development.

As you know the **Environment** is one among Rotary's seven areas of focus.

In this context, in Rotary we can focus on following activities to safeguard our Environment.

- Protecting and restoring land and water resources.
- Create awareness among the communities towards natural resource management and conservation.
- Supporting sustainable agriculture practices.
- Conduct awareness programs on climate change and global warming.
- Conduct Environment awareness program for Interactors and Rotaractors.
- Conduct program on lake/pond restoration etc.

Thus, let us work together to create an image that the Environment is borrowed from the future generation and we are here on the planet for a short period and keep it back in its safe mode as per the saying Live and let live.

Thank you

Rtn Dr Ganesha A

Zonal Learning Facilitator – Zone 4, Rotary District 3182



7th Zonal Review Meeting



The Rotary International District 3182, Zone IV, successfully organized its **Zonal Review Meeting** hosted by **RC Parkala** on 14th March. Ifthiyar koota was also arranged. It was hosted by **RC Parkala**.

The meeting was held in the gracious presence of **Assistant Governor Rtn Amit Aravind**, whose guidance and insights added immense value to the proceedings. **Rtn Amit Aravind**, reviewed the club activities and motivated the club leaders.

The session witnessed active participation from key zonal leaders including - **Rtn Dr. A Ganesh**, Zonal Learning Facilitator, Zonal Lieutenants **Rtn Janardhan Bhat**, **Rtn Smitha Kamath** and **Rtn Dr. Sreedhar D**. The session concluded on a positive note with valuable guidance from district leaders, reaffirming Rotary's commitment to **"Unite for Good."**

Zonal Event

Pre-PELS & Pre-SELS



Rotary Club of Manipal Town hosted *Prashiksha 2026*—a Pre PELS and Pre SELS training program—at Amrith Garden, Udupi. The event was inaugurated by PDG Rtn. B. Rajaram Bhat, with Rtn. CA Dev Anand as Chief Guest and Rtn. Amit Aravind as Guest of Honour, along with other district leaders. Led by Host Club President Rtn. Dr. Deepak



Ram Bairy and Secretary Rtn. Mohan Nayak, the program featured insightful sessions by eminent resource persons. Zonal Pre Pels and Pre Sels was conducted by **Assistant Governor Elect Rtn Hemanth U Kanth**. Wishing all the president elects and secretary elects of zone 4 all the best.



Zonal Event

Pre-PELS & Pre-SELS



Club Activities

RC Aisiri Parkala



Rotary Aisiri conducted a joint meeting with RC Manipal and RC Katapadi on 17th March. A talk by Dr Narayan shenoy on water conservation was organized



Dr Narayan shenoy was felicitated for his long time contribution to conserve water and preserve environment in the joint meeting with RC Manipal

RC Manipal



Rotarians of Rotary Club Manipal visited the GowShaala at Neelavara and donated an amount of Rs 6000/- towards the food expenses of the cows



RC Manipal, along with Rotaract Club Manipal, visited Karunya School for special children, interacted with students and teachers, donated wall-mounted fans and food items, and supported the children by purchasing their handicrafts.



A unique initiative led by Addl. Youth Service Director Rtn. Renu Jayaram, *Sambhama Shanivara* for the academic year 2025–26, concluded with a talk on “Gender Equality” by Dr. Girija at Sagri Nole Govt. Higher Primary School, in the presence of Dr. Ashok Kamath, Principal, DIET, and other dignitaries

Club Activities

RC Manipl



A solar off-grid power system installed by Rotary Club Manipl at the Urban Health Centre, Udipi, was inaugurated by District Governor Rtn. K. Palaksha during his official visit



RC Manipl organized a public meeting during the District Governor Rtn. Palaksha's official visit, where "People of Action" awards were presented to three eminent individuals: Dr. Umesh Prabhu, Mr. Gangadhar Rao, and Mr. Sammilan Shetty



RC Manipl donated four chemo-ports for pediatric cancer patients and a pair of special shoes for a boy with cerebral palsy, which were handed over to the beneficiaries by District Governor Rtn. K. Palaksha



Rotarians of RC Manipl, along with a prospective member and family, visited Vishranthi Dhama, distributed fruits, food items, bedsheets, and other essentials, and spent quality time with the inmates



On 26th March 2026, Rotary Club Manipl, along with Rotaract Club Manipl, visited Kuteera Old Age Home. The Rotaract team donated T-shirts, apples, and biscuits, while Rotarians provided food materials. Members spent meaningful time with residents, creating a warm and joyful atmosphere



On 31st March, Rotary Club Manipl, along with Bharatiya Jain Milan Udipi, organized a Pravachana on the occasion of Mahavir Jayanti.

RC Manipl Hills



On 10th March, RC Manipl Hills celebrated the wedding anniversary of our senior member and Past President, Rtn. M. Narayana Bhat, at the Rotary Hall

Club Activities

RC Manipal Hills



RC Manipal Hills organized a career guidance program at Rajeev Nagara Composite High School for students of classes 8, 9, and 10. The expert speaker, Sri Ravindra Shenoy from MAHE, delivered a session on “Career Options after 10th Standard.” More than 100 students participated, and snacks were arranged for the participants.



RC Manipal Hills celebrated its 30th Club Charter Day along with International Women’s Day on 19-03-2026 at the Rotary Hall, Mannapalla, Manipal. The event featured Smt. Poornima Janardhan as the guest speaker, with Governor Elect Rtn. B. M. Bhat as Chief Guest and ZL Rtn. Janardhan Bhat as Guest of Honor. The program was compered by Smt. Amithanjali Kiran and Rtn. M. Narayana Bhat. The function began with a prayer dance by students of Vidhushi Smt. Manasi Sudhir, followed by the ceremonial lighting of the lamp. On this occasion, two charter member and two women achievers in social service were honored. Smt. Kalpana Sudhama and Smt. Poornima Janardhan (Rajyotsava awardee) were felicitated, along with charter members Rtn. Balakrishna Kumar and Rtn. Sundar Poojari. The event concluded with a community dinner



A joint RCC program with RCC Adarsha Nagara was held at Adarsha Nagara Anganwadi on 16th March, focusing on Women’s Day celebrations and awareness on women’s health. Doctors and staff from Muniyal Ayurvedic Hospital, Manipal, provided health tips to local women. The President and Secretary of RCMH attended the program and distributed fruits, milk, and snacks to children and the local community. A Community Service Certificate for the year 2024–2025 was also handed over to the Secretary of RCC Adarsha Nagara

RC Manipal Town



Rotary Club of Manipal Town (RCMT) is privileged to have been a part of Manipal Marathon 2026. On this occasion, Dr. H. S. Ballal, Pro-Chancellor of MAHE, Manipal, expressed his appreciation to RCMT for its dedicated efforts in making the event a grand success. The club was also felicitated with a memento in recognition of its contribution

Club Activities

RC Manipal Town



On 03 March 2026, the Rotary Club of Manipal Town, under the leadership of President Rtn Dr Deepak Ram Bairy and Secretary Rtn Mohan Nayak, hosted a Joint Club Meeting with Rotary Club Aisiri Parkala at the Interact Classroom, KMC, featuring Guest Speaker Rtn Hemanth U Kanth, Assistant Governor Elect, Zone-4, District 3182, where Rotarians and friends came together to strengthen service impact, deliberate on upcoming projects, and foster enduring friendships in the true spirit of Rotary.



On 08 March 2026, Rotary Club Manipal Town in association with Volunteer Services Organisation (VSO), MAHE Manipal, celebrated Women's Day at End Point Ground, Manipal, with Chief Guest Vidushi Deeksha Ramakrishna, Golden Book of World Record Awardee, under the leadership of President Rtn Dr Deepak Ram Bairy, Secretary Rtn Mohan Nayak, Chief Coordinator Dr Praveen Kumar, and Student Ambassador Abhijeeth Shanbhogue, along with office bearers and all Rotarians, creating a memorable occasion that honored women and their contributions to society.



On 14 March 2026, Rotary Club Manipal Town, in association with Rotaract Club KMC Manipal and NSS KMC Manipal, organized a blood donation drive at KMC Blood Bank under the leadership of President Rtn. Dr. Deepak Ram Bairy and Secretary Rtn. Mohan Nayak, with active participation from Rotaract leaders and members, making it a successful life-saving initiative

Rotary Club of Manipal Town hosted *Prashikshan 2026*—a Pre PELS and Pre SELS training program—at Amrith Garden, Udupi. The event was inaugurated by PDG Rtn. B. Rajaram Bhat, with Rtn. CA Dev Anand as Chief Guest and Rtn. Amit Aravind as Guest of Honour, along with other district leaders. Led by Host Club President Rtn. Dr. Deepak Ram Bairy and Secretary Rtn. Mohan Nayak, the program featured insightful sessions by eminent resource persons.



Club Activities

RC Parkala



On 9th March 2026, Rotary Parkala honored Sri Ananda Naik M, Headmaster of Parkala High School, on the occasion of his superannuation, in recognition of his dedicated service to education. The felicitation acknowledged his leadership, commitment to academic excellence, and lasting contribution to students and the institution, with members wishing him good health and a fulfilling future.



On 14th March 2026, Rotary Parkala, in association with Balakedarara Vedike, Devinagar, organized an Iftar Sanghama and Sneha Milana program on the occasion of Ramzan. The event promoted communal harmony and togetherness, with a Dharma Guru delivering an insightful talk on the spiritual significance of Iftar and the values of compassion, discipline, and unity

Rotary Udupi



School equipment including a laptop, laptop table and chair, projector, and projector screen was donated to Vishwakeerthi Higher Primary School, Kunjal, during the Governor's official visit



Under women empowerment, three women were handed over with 3 tailoring machines for their livelihood. Sponsored by 3 Rotarians during Governor's officials Visit



One needy lady was handed over with an amount which will help her rebuild her house under construction during Governor's officials Visit

Club Activities

Rotary Udupi



Under women empowerment, three women were handed over with 3 tailoring machines for their livelihood. Sponsored by three Rotarians.



Two Road Safety Mirrors were installed for the benefit of motorists at Udupi in two places by DG during his Official visit to Rotary Udupi



DGE Rtn. B. M. Bhat launched the logo and registration for *Sashakta 2026* (PELS & SELS) on 4th March 2026, sharing his vision and seeking club support. The residential seminar is scheduled for 4th–5th April 2026 in Mysore. The event was presided over by Rtn. Suraj Kumar, with updates on preparations presented by the organizing team and key district leaders in attendance



During the Official visit of DG to Rotary Udupi, DG conducted the Club assembly with the rotarians of Rotary Udupi

Zone IV - Membership Growth

Rotary Club	Members as on 30th June 25	Members as on 4th April 26	% of Growth since 01st July 2025	% of Female Rtns in the Club
Aisiri Parkala	26	30	15.38 (+1 Female Rtn)	16.66
Katpady	26	27	3.85 (+1 Female Rtn)	18.52
Manipal	69	76	10.14 (+5 Female Rtns)	46.05
Manipal Hills	29	29	0	31.03
Manipal Town	39	45	15.38 (+1 Female Rtn)	15.55
Parkala	30	35	16.66 (+2 Female Rtn)	14.28
Udupi	62	69	11.29 (+2 Female Rtn)	28.98
Udupi-Udyavara	14	15	6.67	0

MyRotary Registration & Users of Rotary Zone 4,5,6,7 Mobile App

Rotary Club	% of Rotary Zone 4,5,6,7 Mobile App as on 4th April 26	% of MyRotary Registration as on 4th April 26
Aisiri Parkala	50	76.67
Katpady	46.15	51.85
Manipal	92.1	97.37
Manipal Hills	48.27	58.62
Manipal Town	51.28	55.56
Parkala	16.66	40
Udupi	48.38	50.72
Udupi-Udyavara	42.85	33.33